



ANXIOUS ABOUT SCHOOL UNIVERSAL SUPPORT OFFER



AWARENESS RAISING ASSEMBLIES / WORKSHOPS

Investing in Children can provide assemblies for the young people in your school, which aim to raise the awareness of anxiety within your school. They also offer assemblies and workshops which are focused on raising awareness about autism too.

Chris Affleck
Project Manager & Mental Health Lead
chris.affleck@investinginchildren.net
0191 3077030



TERMLY TARGETED ATTENDANCE MEETINGS



The Attendance Improvement Team offer termly targeting support meetings with each school in County Durham. The aim is to:

1. Identify, discuss and agree joint targeted actions for pupils who are persistently or severely absent or those at risk of becoming so - this can have a particular focus on children who are absent due to anxiety.
2. Agree what support the LA can provide.
3. Help schools analyse their own data and learn from other schools in similar situations.

Clare Nicholls
Access to Education / Vulnerable Groups Lead Officer
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ANXIETY CPD

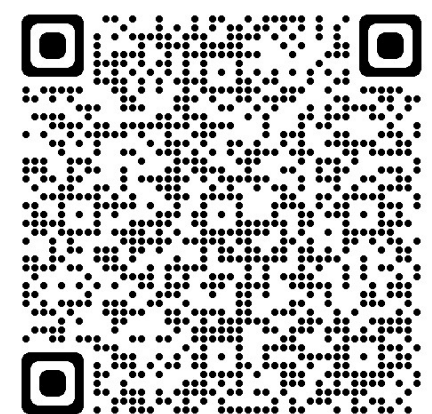
There is a range of CPD available relating to meeting the needs of children who are anxious about school. It is free for schools to access. Please scan the QR code below for details of the training offered:

Helen Sellars- Advisory & Inclusion Teacher
helen.sellars@durham.gov.uk
03000 263 333- both
Vikki Smith - Advisory & Inclusion Teacher
vikki.smith@durham.gov.uk



WHOLE SCHOOL AUDIT TOOL

The Whole School Audit Tool can help schools evaluate their current practices and environment with children who are anxious about school in mind. It is available within the Anxious About School Guidance Document located on the Durham Local Offer website, QR code link here:



FEARLESS FAMILY SUPPORT PROGRAMME

A course for parents/carers of children aged 6-14 years. This course helps where you have a child who has anxiety which might be causing them to miss school.

Naomi Ryan
Family Centre Team Manager
naomi.ryan@durham.gov.uk
03000 264 758



PARTICIPATORY PRACTICES

Investing in Children can support schools to consider how they are working with children, young people and their families to ensure their voices are heard and a collaborative approach to support is at the heart of all their practices.

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“Working together to provide support for every anxious child earlier”