

<p>Do you have a story about going to school? If not, you can watch 'Starting School' by Janet and Allan Ahlberg on YouTube. Read it with your family and talk about the things you are looking forward to in Reception.</p> <p>What are you looking forward to doing or seeing? Riding the bikes? Listening to stories? Playing in the big yard at lunchtime? Playing with the reception toys? Painting?</p> <p>Draw a picture of your favourite activity to show Miss Self what you like to do.</p>	<p>Ask your child to say the sound that their name begins with, and model it for them if necessary. Take turns emphasising the sound and noticing the shape of your mouth and what your tongue and lips do when you say it.</p> <p>Write the sound and see how many objects you can find which start with the same sound. Collect them around the letter then say each word emphasising the initial sound. Can your child hear that they are all the same?</p>	<p>Draw a picture of your family for Miss Self. Include all of the people in your house, and you can even add in your pets. Write your name underneath, and ask a grown up to scribe the names of the family members beneath their pictures. If you can, you could try and write your family's names too, or at least identify the first sound of each word, and watch as your grown up writes the sounds for you.</p> <p>Take a photo to send to Miss Self, and keep your picture safe to bring in when you come back to school to go into Reception 😊</p>	
<p>Paint a self-portrait for your new class display! Look carefully in a mirror and observe the shape and colours of your face and features, and the colours of your clothes. In Nursery, we painted self-portraits of our faces – can you paint a self-portrait of your whole body?</p> <p>What do you need to add? Look at the different body parts like your neck, torso, arms, hands, fingers, legs and feet. Try to add as much detail as possible – you could even add eyelashes, eyebrows, fingernails or pockets on your clothes! Send a photo of your finished painting to the teacher's email account.</p> <p>Miss Self can't wait to see them!</p>	<p><b>Colour in the boxes to show which activities you have done. 😊</b></p>		
<p>Do some cooking or baking. Look at the changes to the ingredients and whether they turn from powders to liquids then to solids. Explore the different consistencies. Show your child the recipe and model reading it and following the instructions.</p> <p>Can your child remember the sequence of steps? This is also a great opportunity to talk about hygiene and safety in the kitchen.</p>	<p>Sing some finger strengthening songs, encouraging your child to hold up and exercise their hands and fingers. 'Tommy Thumb, Tommy Thumb', 'Tommy Thumb is Up' and 'Two Fine Gentlemen' are all great finger workouts.</p> <p>Number songs like '5 Little Speckled Frogs' or '10 Green Bottles' are also great for using fingers to represent numbers and strengthening hands at the same time.</p>	<p>Take the button fastening challenge! Practise fastening and unfastening the buttons on a school shirt, polo shirt or cardigan.</p> <p>Then time yourself and see how long it takes to fasten 3 buttons. Can you beat your time? Good luck!</p>	<p>'Jump Start Jonny' has some new free exercise routines which we are loving in school! They are very energetic and are great for co-ordination. Search for Jump Start Jonny free energisers for a choice of 3, or look on YouTube for 'Jump' and 'Freeze'. Whoopa!</p>

**Don't forget there are so many opportunities every day to practise counting, sorting, measuring and to look at shapes and patterns, as well as reading stories, chatting and learning new words, talking about feelings and emotions, and enjoying time together! 😊 And we would love to see what you have been up to, so please share your photos and experiences by sending them to [2Build A Profile](mailto:2Build A Profile), either reply to the email you have received with your child's electronic learning journal, or email [inbox@2buildaprofile.com](mailto:inbox@2buildaprofile.com) . Keep playing and have fun! 😊**