Week beg	inning: 29th Jur	Theme: Wellbeing Week						
English	Spellings: Practise your weekly spellings at least 3 times a week using the activity grid in your homework book.	daily lesson website: F	sson of your choice on the BBC Bitesize Record your work in your exercise book <u>co.uk/bitesize/dailylessons</u>	•	add	Create your own s using the image of lighthouse below. to be as imaginati you can. (Use the story sto to help you)	f the Try ve as	Go on Lexia for 15 mins a day
Maths	Go on Timestables Rockstar/ hit the button for 15 mins a day	https://preview.pears	Power Maths he Summer Home Learning Book and complete week 5 <u>onactivelearn.com/app/library/series/v</u> <u>D16061#/studentbooks</u>	to help remind you how to solve. 24 × 5 31 × 5 45 × 4 32 ×4 48 × 4 35 ×3 25 ×3	sa exat and ho crea shap th nut	Can you become a shape scavenger! How many xamples of different 2D and 3D shapes can they find around the home/garden? Can you reate a tally and sort the napes they find based on their properties? e.g. number of sides/edges, imber of pairs of parallel lines.		Can you write your own times tables song to help you remember your times tables?
Other Subjects	PSHE Think about a place where you feel safe. This could be home, school, in the garden or at church. Draw a picture of your safe place and say why you feel safe here. Think about the people who keep you safe in this place.		<b>R.E.</b> Think about a place that is special to you. Why is it special? How does it make you feel? Close your eyes and think about that special place. Draw it and write about why it is your special place.	65 x 3 Theme- Wellbeing Take some time to relax. https://www.bing.com/videos/se arch?q=relaxing+yoga+for+kids+ youtube&docid=608032979340 823433∣=94626C0C0F69C4 D478C794626C0C0F69C4D478 <u>C7&amp;view=detail&amp;FORM=VIRE</u> Follow the link to do a yoga session.	You and think differ make perse works	me-Wellbeing are all amazing I want you to about all of the rent things that you an amazing on. Look at the sheet below and complete.	Theme-Wellbeing You all having lots of fantastic qualities and talents. Create a self- worth jar with all of your talents and qualities. (follow the instructions below)	

#### UNDIC



Image by: Caras Ionut

### Story starter!

The storm had been raging for hours. Like a besieging army tormenting an enemy's ramparts, the waves battered on the lighthouse walls.

A group of men huddled in one of the cylindrical shaped rooms, flinching every time a wave rocked the lighthouse. Their hearts were in their mouths with every devastating blow: they half expected the walls to come tumbling down at any moment.

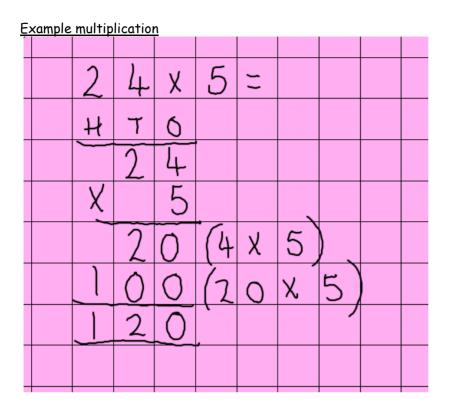
They turned their heads and listened to the sound of the storm. What they heard was truly terrifying...

> Pobble.com Pobble365.com



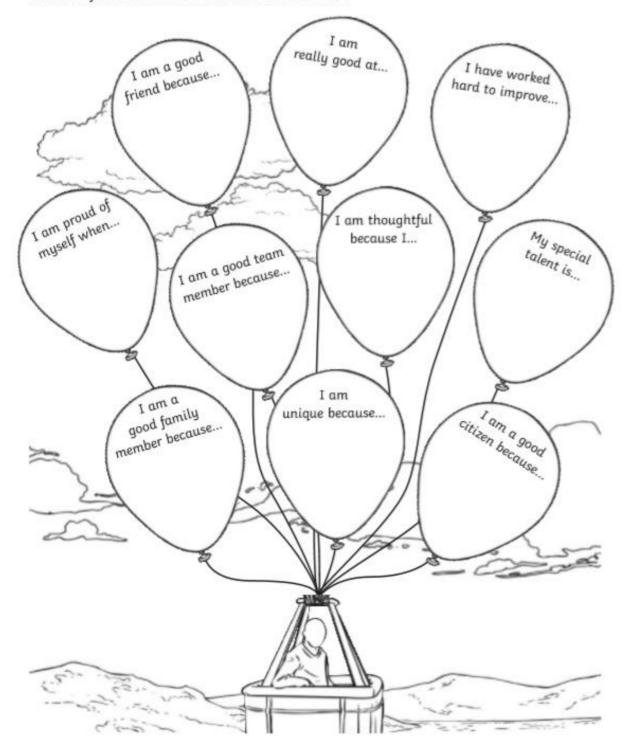
#### **Question time!**

- Can you describe what it feels like to be caught in a storm?
- What do you think the men heard when they listened to the storm?
- Who might the men in the lighthouse be?
- Why are they huddled together?
- What is the purpose of a lighthouse?
- What would happen if there were no lighthouses in the world?
- How do you think someone first invented lighthouses?
- Can you think of an alternative way to guide ships?
- Do modern lighthouses require people to work inside them?



## I Am an Amazing Person!

Read and finish the sentences in the balloons below.



Williamson.

# My Self-Praise Jar

In this jar you can keep all your own special qualities and talents in one place. The purpose of the jar is to celebrate all your qualities and talents so you can look at them regularly and remind yourself of how special you are!

There are some statements below which have been started but need finishing by you. Try and think positively about yourself when you complete the statements. If you find this difficult then the adult you are with can help you.

The jar you use to keep your self-praise slips in needs to be something special to you. You can use a jam jar, coffee jar or a large glass storage jar. However, the jar however needs to be made special and attractive to you.

Take your time decorating your jar and then put your self-praise slips into it. Once you have completed your jar, try to look at your jar every day for a few minutes and read the self-praise slips again.



